

Autumn  
2017

# BARUNGA VILLAGE Lifestyle

BUTTERFLY MODEL  
FLYING ALONG

BAKED  
APPLE  
RECIPE  
for cooler days

Out & About  
Social photos

Feature  
Story  
Sandy  
elected RSL  
president

HAWAII  
COMES TO  
BARUNGA



BARUNGA  
VILLAGE INC.



Welcome to the autumn  
2017 edition of BV Lifestyle.

In this edition you'll read about one  
of our wonderful Barunga by the Sea  
residents, Sandy Owen. Sandy was  
recently elected president of the Port  
Broughton RSL Sub-Branch - the first  
female to hold the title in 20 years.

Louise Dewolf, coordinator of the  
Butterfly Model, has travelled to the  
UK and Canada visiting established  
Butterfly Homes, you can read all  
about her trip in the Butterfly Model  
report in this newsletter.

You will also see many happy faces  
in recent social photos and birthday  
celebrations. Happy reading!

[barungavillage.com.au](http://barungavillage.com.au)

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LOUISE DEWOLF & CATHY WINEN  
ACTING DIRECTORS OF NURSING

# Welcome

Hello from Acting Directors of Nursing, Louise Dewolf and Cathy Winen.

Merrilyn has been on seven weeks of leave for the very exciting event of her only daughter's wedding, which occurred on March 18. We have shared the role in Merrilyn's absence, which were very big boots to fill, and have written this edition of the DON report.

## **BUTTERFLY HOMES**

Since our last newsletter we have had a six-month review and audit from Dementia Care Matters by Daren Felgate. This will be elaborated on more in the Butterfly report. Needless to say the transformation in each of the houses continues to be nothing other than inspiring, and as the staff also continue to grow in skill and passion for this model of care.

## **GOVERNMENT VISITS**

We are also pleased to announce that Leesa Vlahos MP, Minister for Disabilities Mental Health and Substance Abuse, and Jack Snelling MP, Minister for Health, Arts and Health Industries, visited Barunga Homes with the purpose of visiting the pilot Butterfly houses and to discuss topical issues with the Executive Managers.

## **BARUNGA HOMES EXPANSION NEWS**

Finally after several years of planning by the Executive Managers, Merrilyn Hewett and Maureen Coffey we anticipate capital works to begin in the second week of May. Plans of the work are available for anyone to view. This exciting news does however mean the temporary closure of our respite room.

## **FUNDRAISING**

Our wonderful fundraising committee held a barbecue at the Easter Seaside Markets along with a raffle to win a basket full of chocolate goodies on Easter Saturday, April 13, and collectively raised

just over \$1500. Thank you again to the staff and volunteers who supported our fundraising committee with their time and unwavering support.

### **BARUNGA COMMUNITY CARE**

The community care arm of Barunga Village continues to expand. With the new reforms we are no longer restricted to where we can deliver our services – for example we have recently hired staff in Clare to provide services to clients in this region.

If you know of anyone needing support to remain living at home please do not hesitate to contact Marilyn Stringer, Julie Farley or Merrilyn Hewett who are more than willing to support people through this process and advise on a range of options.

### **STAFF OVERSEAS OPPORTUNITIES**

Darren, our Diversional Therapist spoke at the National Association of Activity Professional (NAAP) Conference in Denver US on April 6. Darren presented about his international contacts for Diversional Recreational Therapy Australia (DRTA). Darren is the International Liaison project team leader for DRTA. Darren has recently returned home safely and we look forward to hearing more about his venture.

I (Louise) recently completed an overseas study tour to learn more about the Butterfly Model of Care and will expand on this later in my report.



*CEO Barunga West Council Andrew Cole, Cathy Wine, Chairperson of the Board Juan Elliott, Andrew Charlton, Minister Leesa Vlahos, Louise Dewolf, Merrilyn Hewett and Minister Jack Snelling.*

We will be in touch next newsletter with more exciting Barunga news as we continue to expand and deliver quality care to our community.

Cheers, Cathy and Louise,  
Acting Directors of Nursing

# Education & Safety

ANDREW CHARLTON  
EDUCATION AND SAFETY  
COORDINATOR

If, when looking through this newsletter, you are thinking life is extra special and busy working for Barunga Village - you'd be right; life at Barunga Village is both exciting and rewarding.

## FIRE BLANKETS

From the disastrous and devastating 2015 Pinery Fire we learnt the dangers facing those who are on the road travelling through fire-prone environments.

At Barunga Village we take the responsibility of keeping our employees safe very seriously. All staff are strongly encouraged to make use of the ALERTSA app, for example. I have previously written an article relating to this fantastic early-alert system provided for all South Australians. Eighty-seven per cent of Barunga Village employees travel from outside the immediate Port Broughton precinct therefore requiring travel through bushfire prone zones, as well as being faced with many other potentially threatening incidents such as flood, fallen trees and vehicle accidents.

**EIGHTY-SEVEN PER  
CENT OF BARUNGA  
VILLAGE EMPLOYEES  
TRAVEL FROM OUTSIDE  
THE IMMEDIATE PORT  
BROUGHTON PRECINCT**



Community Workers Felicity and Fiona receiving their Fire Blankets from Co-ordinator Merilyn Stringer.

To further protect our staff we have recently distributed fire blankets to all employees working in the community, as well as all of the Barunga Village cars. Recommended by the Country Fire Service, these blankets are another item we provide our employees in a genuine effort to keep them safe – as a last line of defence in the worst of scenarios.

## COMMUNITY RESPONSE TO DISASTERS

On Monday, March 27, I attended a meeting at the District Council of Barunga West. This meeting involved the collation of all key stakeholders in the community of Port Broughton to work through their emergency procedures and then collate these together into a scenario situation. This allowed us to 'role-play' a scenario to really analyse what resources would be in use, resources that could be shared and what resources would be stretched. As the biggest employer in the Barunga West Council region, we certainly learnt a great deal, and likewise key emergency

services learnt a great deal about the emergency procedures we have set aside for our many sites, residents, clients and employees. It was an insightful session pulled together by Penny Sternal, from council, for which I highly commend them for showing this initiative.

During the next few months we are focusing on achieving Butterfly Accreditation.

Then in September 2017, Barunga Village Community Care will undergo a quality review by the Australian Aged Care Quality Agency and in February 2018 a review will be conducted at Barunga Homes. These reviews will obviously have us striving to exceed the high standards we have created in the past.

Busy times when working in the Barunga Village family.

Andrew Charlton  
Education and Safety Coordinator

# Volunteers Report

STACEY MESCHEDE  
VOLUNTEER COORDINATOR



Volunteers Robin Routley and Madge Vanstone showing their musical talents.

Hello everyone,  
They say time flies when you are having fun, well I must be having a ball, as it seems like we are heading towards the middle of the year at an extremely fast pace.

Our residents have loved having the volunteers back on board after a well-deserved break during January. The comments I have received from them have all been centred on how lovely it is to see the volunteers' smiling faces in their home. They say a smile can speak a thousand words – so our residents' comments say it all.

National Volunteers Week starts on May 8 2017, this year a few of us will be heading to Adelaide to participate in the volunteers' parade. I am looking forward to spending the day with not only our wonderful volunteers, but also so many volunteers from other communities that participate in this event. I look forward to sharing some photos in our next newsletter.

Thank you to all of our volunteers, I cannot say enough how much joy you bring to others at Barunga Village. If you would like to join our fabulous team, you can contact me on either a Monday or Wednesday on 8635 0547 or alternatively leave a message at reception on 8635 0500 and I will return your call as soon as possible.

*Keep happy, healthy and safe.*



Barunga Village residents loved celebrating the birthday of volunteer Jane Birrell.

# Butterfly program flying along

LOUISE DEWOLF  
BUTTERFLY HOME CARE COORDINATOR

Hi everyone,

The Butterfly Model of Care pilot has just finished month eight of the twelve-month project. We have had another eventful few months finalising the environment and staff have undergone further training in specialist dementia care.

We have had new staff members join us working in the Eyre and Dale houses. The recruitment and orientation process was very different to how it has been done in the past. Employing people on emotional intelligence is crucial for working in this model.



Daren Felgate (fifth from the left) with the Barunga Village Management Team and Board of Directors pictured during the Butterfly Model of Care project's six month review.

## SIX MONTH MILESTONE

We welcomed Daren Felgate from Dementia Care Matters in the UK in late January for the six month milestone. Daren conducted the six month review of the project, consultancy and training. We also had a successful family information night with 30 relatives, friends and staff attending the informative session.

Daren stated he loved his time visiting Barunga and felt inspired by everyone. Daren said "it's obvious you have something special here". Daren mentioned there is a lot of motivation and energy amongst the staff team. He felt the staff are like family and friends to residents and there is a lot of love. In terms of the project Daren stated we are where he expects us to be at the six month mark. Daren said he is feeling very positive that in six months if we keep this progress up we could reach the quality of life 'Kitemark' level 1-3 to achieve Butterfly Home status.

## LOOKING AHEAD

This doesn't mean the hard work is over – our next few months will again be busy and challenging. Some of the next steps include specialist skills training in advanced dementia care, more work on the environment and resources, continued support to the team and leadership development.

## TRIP TO THE UK AND CANADA

Another exciting aspect I undertook in the last three months was a trip to the UK and Canada as part of winning the SA Premier's Nursing and Midwifery Scholarship. Ed Charlton and I travelled to visit six existing Butterfly Homes. We visited four Butterfly Homes in the UK and two in Canada. We also met with Dr David Sheard and Peter Priednieks in the UK who meet us at a Butterfly Home, which was followed by a lovely lunch at the Petersham Hotel in Richmond. We also had the opportunity to meet with Catarina Versaavel, the newly appointed National Director of Canada for Dementia Care Matters, who shared her inspirational journey with us.

Each home we visited was so friendly and welcoming making us feel at home instantly. The environments were very well thought out and we gained a lot of ideas from the environments that could be transferrable to our homes at Barunga. We also spent a lot of time talking with staff members who were some of the most enthusiastic and passionate people I have ever met – they are real stars in creating a good quality of life for the people they care for. The people living with dementia were all so happy and were able to express how much they loved living in the homes.

# Butterfly program flying along

LOUISE DEWOLF  
BUTTERFLY HOME CARE COORDINATOR



*An inspirational Butterfly Home in Landermeads Home in Nottingham, United Kingdom.*

## BRINGING IT BACK TO BARUNGA

From the overseas trip I brought home a lot of recommendations to possibly put into action at Barunga to enhance the last few months of our pilot project and into the future. These include looking further into extending the leadership team, further staff development, changes to some policies and procedures, orientation processes for new staff and implementing a good plan to sustain this model of care after the 12 months.

At month 12 we will welcome Sally Knocker from Dementia Care Matters to conduct our final qualitative observation audit. We are hopeful to achieve Butterfly Home 'Kitemark' and gain a level 1-3.

## ACKNOWLEDGING HARD WORK

I would like to acknowledge all the staff, family members, volunteers and community members for donating items to go towards the homes to fill up the environment. This is an essential part of the model of care to make the environment more engaging and home like. Joanne, Pauline and Jane – some of our team members – had a successful 'op shop day' where they visited local and surrounding op shops to purchase items to fill up our homes. Thanks for your fantastic shopping skills. The homes are looking great.

A special thankyou to Jodie and Anne Webb for their time and amazing sewing efforts creating sensory blankets, activity aprons and fiddle bags for the sides of armchairs. Your dedication and creativity is very much appreciated and will be so useful in meaningful engagement for the people living in the home, especially in the later stage who need more sensory items to fiddle and touch.

I would also like to thank our fantastic staff throughout the whole facility who have been persevering and able to adapt to the circumstances of what this culture change brings. Also a special mention to our Home Action Team – their dedication continues and this was shown when most members attended a late Friday afternoon Skype this month.

It is amazing to see the increase in wellbeing and quality of life for people living with dementia at Barunga Homes. Keep up the amazing efforts.

Louise Dewolf  
Butterfly Model of Care Coordinator

It is amazing to see the increase in wellbeing and quality of life for people living with dementia at Barunga Homes. Keep up the amazing efforts.

# Butterfly program flying along

LOUISE DEWOLF  
BUTTERFLY HOME CARE COORDINATOR



01



02



03



04

**01** Cathy Winen, one of Barunga Village's Dementia Care Matters Management team trainers, with Daren from Dementia Care Matters working on the next workshop for the 'Being a Star' program.

**02** Peter Priednieks and Dr David Sheard, from Dementia Care Matters, met with Louise and Ed at the Butterfly Home called Royal Star and Garter in Surbiton just outside of London.

**03** The wonderful team from Lifestyle Options, a Canadian Butterfly Home. Renate Sainsbury, the manager and her team provided great hospitality and are enthusiastic advocates for the model of care.

**04** Ed Charlton and Haylee Walmsley modelling the Butterfly Model's activity aprons created by Anne and Jodie Webb.

# Butterfly program flying along

LOUISE DEWOLF  
BUTTERFLY HOME CARE COORDINATOR



01



03



02



04



05

**01** Jane Hughes one of our Butterfly House members has been creating lots of different themes and changing them weekly. Well done to Jane on creating this music theme.

**02** Wonderful sensory blankets for people living in Eyre & Dale Houses to touch and feel which have been crafted by talented volunteer Ann Webb and Barunga Village staff member Jodie Webb.

**03** Sue Noble is one of our dedicated, enthusiastic and happy Butterfly housekeepers. Sue is well known for dressing up in bright outfits. Her colourful outfits are often a good talking point.

**04** This is Eyre House for residents living with repetitive/late stage Dementia. Eyre House is now colourful and full of sensory items for residents to engage with.

**05** Canadian home called Copper Sky in Edmonton has created engaging construction-themed hallways featuring handy man tools.

# News

## Bringing Hawaii into the rooms of Barunga Village



Barunga Village residents enjoy the concert from Hawaii.

**The distance between Hawaii and Port Broughton has not stopped Barunga Village residents enjoying a concert performed at The Plaza at Pearl City - an aged care home - in Honolulu.**

Barunga Village diversional therapist Darren Robinson said on New Year's Eve he received an email from long-time friend and associate, Casey Narusawa, who is the activities director at The Plaza at Pearl City asking whether Barunga would like to take part in an international Skype concert with her facility.

Barunga Village residents are now old hands at holding Skype concerts. In 2015 the Barunga Village Choir performed to The Plaza at Pearl City and to the Radius Fulton Care Centre in Dunedin as part of a three-way Skype concert. Since then there have been five international Skype concerts.

*"I, of course jumped at the opportunity," Darren said. "So in the middle of January on a Friday morning we tuned in via Skype to listen to entertainer 'Hank the Singing Dutchman'.*

*"Hank sung lots of old favourites including some very good Elvis Presley numbers and most of our residents agreed it would be fantastic to have Hank perform at Barunga if he was ever in our neighbourhood."*

To return the favour, Casey and her residents will join Barunga Village via Skype in March where Ronny Robinson and Eddy Mertens from Port Pirie will perform.

**CASEY SAID HER RESIDENTS LOVED INTERACTING WITH THE BARUNGA VILLAGE RESIDENTS EVEN THOUGH THEY ARE HALF A WORLD AWAY.**

*"The residents think it is just amazing what can be done with modern technology," Darren said.*

*"We also use Skype on other occasions such as when two of our residents Gloria Lambert and Joan Gill speak to their pen friends in Ireland."*

Darren said Casey agrees that the international Skype concerts are very unique.

*"Casey said she doesn't know of any other facility that has done the same, so needless to say the residents at Barunga Village and The Plaza at Pearl City have every right to be very proud of themselves."*

# News

## A HUGE THANK YOU

On behalf of the Barunga Village community, thank you to the farmers who mentioned us when selling their grain to CBH Group – our elders will reap the rewards.

But it's still not too late to help. Barunga Village Inc. is fundraising to purchase specialised furniture and equipment in preparation for the planned extensions, which are due to commence mid-2017.

We have partnered with CBH group who will donate \$0.20c per tonne traded. All you need to do is mention

our code PR16BVI when trading with them. It won't cost you a cent.

Alternatively, our National Growers register ID is 13705747, if you would consider donating any amount of your yield – no amount is too small.

This is an opportunity for you to contribute towards the care for our elders in your community in return for their efforts in creating the safe and wonderful community we all enjoy today.

### NEW PERGOLA FOR COMMUNITY CENTRE



*The new pergola at the Barunga by the Sea Community Centre.*

Barunga by the Sea has recently had an outdoor pergola installed at the rear of the Community Centre this area will extend the entertaining area currently used for functions.

### TWO GOLD FOR LOVEY



*Lovey pictured with her medals.*

Barunga by the Sea resident Lovey Blieschke recently played tennis at the Mr Mick's Clare SA Masters Games.

Lovey came home with two gold medals for women's singles and women's doubles. She also won the bronze medal for the mixed doubles. Congratulations to Lovey and her team mates, what a wonderful achievement.

### Obituaries

BV Lifestyle would like to help celebrate the lives of our residents and we welcome obituaries contributed by families for inclusion. Please send your contributions to [admin@barungavillage.com.au](mailto:admin@barungavillage.com.au)

# Profiles

## BARUNGA BY THE SEA RESIDENTS



### KAYLENE TAYLOR

#### Family Tree

**Parents** – Mother, Joan Maple and Father, Glen Stacey

**Siblings** – One sister, Glenette

**Children** – One son, Mark

**Grandchildren** – Three boys, Andrew, David and Travis

**Pets** – One cat, Thomas

#### Education

Completed primary and secondary school at Strathalbyn

#### Activities

**Sport** – Tennis, basketball, golf, cards – Canasta

**Hobbies** – Bush walking, bird-watching, gardening, sewing, flower arranging, reading

#### Occupation

Before marriage Bank Officer. Home management, full-time volunteer and worked part-time for 16 years at Norwood newsagency

#### First Car

Standard Cadet (green)

#### Favourites

**Food** – Christmas cake, Christmas pudding, caramel slice, roast pork and vegetables

**Place** – SA – Port Vincent and Laura. WA – Kalbarri and Mt Barker, QLD – Caloundra

#### Most admired person

Mother Teresa

#### Dislikes

People who curse and swear

#### Dreams/Wishes

Perhaps another cruise or tour Norfolk Island

#### Why did you choose to live at Barunga by the Sea?

Because it offered many of the retirement aspects we were considering

#### What do you like about Barunga by the Sea?

It is now where we reside and call home – Paradise. Very kind and considerate staff and friendly residents

### TREVOR TAYLOR

#### Family Tree

**Parents** – Mother, Amy Prosser and Father, George Taylor

**Siblings** – One brother, Kevin

**Children** – One son, Mark

**Grandchildren** – Three boys, Andrew, David and Travis

**Pets** – One cat, Thomas

#### Education

Wallaroo Primary School and Kadina Memorial High School

#### Activities

**Sport** – Football, cricket, golf, athletics, swimming and scuba diving

**Hobbies** – Fishing, gardening, hiking, bird-watching, environmental activities, church activities

#### Occupation

Bank officer

#### First Car

Austin A40 (grey)

#### Favourites

**Food** – Crumbed King George whiting

**Place** – QLD – Cape Hillsborough, SA – Head of Bight for whale watching

#### Most admired person

Rev Bill Bache, late director of Inter Church Trade and Industry Mission

#### Dislikes

Rude and ignorant people

#### Dreams/Wishes

To live life fulfilling God's wishes for me

#### Why did you choose to live at Barunga by the Sea?

Because it filled most of the requirements we looked for in a retirement village

#### What do you like about Barunga by the Sea?

Obliging staff, quality range of facilities and activities, and caring and friendly atmosphere

# Profiles

## BARUNGA BY THE SEA RESIDENTS



### **KAYLENE AND TREVOR TAYLOR**

**Trevor was born at Wallaroo; he grew up there, attending primary school, followed by Kadina Memorial High School, and then became a bank officer with the National Bank.**

**Kaylene (Stacey) was born at Strathalbyn and grew up on a farm east of the town, called Burnside Estate. She attended the Strathalbyn primary and high schools. Kaylene became a bank officer with the Commercial Bank.**

Kaylene and Trevor met exchanging millions of dollars (pounds). We were married on October 5, 1963 at St Andrew's Presbyterian Church, Strathalbyn, and were transferred to the Red Hill National Bank, and lived in the Methodist Manse. We were involved in the church and sporting activities, football, basketball and tennis. During this time our son Mark was born. He was a very active, happy child; it was a happy 2 ½ years. For the next 10 years, we had number of moves around SA with the bank – Adelaide, Robertstown, Adelaide, Nuriootpa and Adelaide. When then purchased a home in Magill, at the

foothills, and Trevor served at a number of city branches including North Terrace, Grenfell Street, St Morris and Prospect. He was appointed to the bank relieving staff and served in many places around the state. Kaylene stayed put so our son Mark could complete his secondary education at Norwood High and then onto higher education to become an electronics technician.

During this time Kaylene was involved in many activities at schools, the Uniting Church, teaching music at Magill School and a few private students, and working part time for friends in a Norwood newsagency. We were very involved with National Parks Association and SA Ornithological Association. During this time Trevor was building up an extensive shell, rock, fossil and bottle collection. We made many trips interstate. After 35 years of bank service, Trevor retired. We left Magill and went to live in Yorketown. We spent six wonderful years being very involved with Innes National Park Friends Group. As a group and individuals, we won a number of state environmental awards for our restoration work in Inneston (old township), and many park projects. We became very skilled during this time.

Kaylene enjoyed playing music, forming a group of 10 musicians, five experienced and five young learners (who she taught) to become very proficient young musicians. We played for many functions (including dinners, receptions, weddings, church each week, funerals, community functions and at nursing homes). It was a wonderful time in my life, and I am ever grateful that I was able to be a part of it. After six years we moved to Milang to be closer to the aging elderly and be on call to manage any sickness. We spend 16 years being very involved in Uniting Church and community affairs and projects, especially tulips (Trevor) and sweet peas (Kaylene). We moved into Barunga by the Sea in mid-November, 2016. It is a beautiful place and we are very happy here, living amongst friendly people, caring and considerate staff.

Just Paradise.  
Kaylene and Trevor Taylor.

# Profiles



**CYRIL BOWLEY**  
BARUNGA COMMUNITY  
CARE CLIENT

**Family Tree**

**Parents** – Reginald William and Florence Ellen Ivy Bowley

**Siblings** – Four brothers and five sisters

**Children** – Dianne, David, Wendy and Lynley (twins)

**Grandchildren** – 10 grandchildren and one great grand child

**Education**

Year eight, age 14

**Activities**

**Sport** – Football and tennis

**Hobbies** – Trucks and fishing

**Occupation**

Rabbiting, chopping wood, farming, and trucking

**First Car**

Dodge Buckboard

**Favourites**

**Food** – Roast and vegetables

**Place** – Home

**Most admired person**

Wife

**Dreams/Wishes**

To live life fulfilling God's wishes for me

**What difference has a Community Home Care package made to your life?**

Certainly helped us at home



**GWEN THOMAS**  
BARUNGA HOMES RESIDENT

**Family Tree**

**Place and Date of Birth** – Mt Gambier 23/11/29

**Parents** – Dorcas Chester and Cecil Alan

**Spouse** – Donald

**Children** – Paul and Ann

**Education**

Glencoe West Primary and Gladstone High School

**Activities**

**Sport** – Tennis, lawn bowls

**Hobbies** – Ballroom dancing

**Occupation**

Telephonist

**First Car**

Rugby

**Favourites**

**Food** – Pastry

**Place** – Georgetown

**Person** – Donald

**Drink** – White wine

**Music** – Modern classics

**Colour** – Green



**TINA BIDDELL**  
STAFF

**Family Tree**

**Place and Date of Birth** – Port Pirie

**Parents** – Vic and Coral Biddell

**Siblings** – Vicki and Trudy

**Children** – Two

**Education**

Year 11

**Activities**

Watching my kids play sport

**Occupation**

Hotel services

**First Car**

Mitsubishi Lancer

**Favourites**

Sleeping

**Dislikes**

People with bad attitudes

**Dreams/Wishes**

A happy life

**If you had your life over again what would you change?**

Nothing

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# Barunga by the Sea resident Sandy Owen elected RSL president

Barunga by the Sea resident Sandy Owen was recently elected president of the Port Broughton RSL Sub-Branch - the first female to hold the title in 20 years.

Sandy, a member of the RSL club since 2009 when she joined with her late-husband Malcolm, said it is a huge honour to be president.

*"I am the second female president of the Port Broughton RSL, following in the path of Lorraine Arbon who held the role in the late 90s," she said.*

*"When it was announced at the club's Annual General Meeting I was actually quite emotional.*

*"I have been overwhelmed by the positive response and well wishes from the community.*

*"I think my election shows how progressive our RSL is and provides me the opportunity to be an exceptional role model, especially for women in our community."*

Malcolm, a Vietnam War veteran, passed away in 2014, and since then Sandy said she has become increasingly involved in the club by holding executive roles on the committee.

*"We joined the RSL as a way to meet people and to get involved in the community," she said.*

*"That is still a very large part of why I am still involved in the RSL – it's a chance to give back to the community.*

*"I also have a lot of respect and value for the RSL as an organisation and its support of returned servicemen.*

*"Part of the reason for really stepping up my involvement with the RSL is to continue Malcolm's legacy."*

In her acceptance speech Sandy said she has some incredible footsteps to follow in, but would like to think she can make some of her own.

*"I don't want to make any such changes to the club, I only want to continue and extend the community's involvement," she said.*



Sandy Owen has been a proud Barunga by the Sea resident since 2009.

*“One of my major goals is to attract young people to be involved in the RSL.*

*“As part of the RSL there are processes and events we engage in, like our key services being ANZAC Day, Remembrance Day and Vietnam Veterans Day, but there is also a huge calendar of events that provide a social outing for people of all ages.*

*“We have a barbecue on the third Sunday of every month, which is open to the public, as well as social afternoons at the club every Thursday and Sunday from 2pm to 6pm.”*

Sandy and Malcolm moved into Barunga by the Sea from Adelaide in 2009, after

falling in love with Port Broughton when they holidayed in the seaside town.

*“Port Broughton and Barunga are both lovely, vibrant, happy and at times spontaneous places – it really does make for a wonderful lifestyle,” she said.*

*“If it hadn’t been for the community, I would have struggled a lot more in dealing with the grief of losing my husband. The support they gave me will never be forgotten.”*

As well as her role with the RSL, Sandy is on the Port Broughton Hospital Auxiliary and is part of singing duo ‘Makin’ Tracks’ with her close friend Lyn Stead.

*“We sing a mixture of country rock, ballads and rock n’ roll from the 50s, 60s and 70s – think Del Shannon and Patsy Cline,” she said.*

**“WE SING AT THE LOCAL MARKETS, THE CHRISTMAS PAGEANT AND PRIVATE FUNCTIONS, LIKE BIRTHDAYS AND FUNDRAISERS.”**

# Malcolm's Stories from the Bush

MALCOLM BUTLER  
BARUNGA BY SEA RESIDENT

**We have had quite a bit of warm weather over the past couple of months. One wonders are we getting softer as we get older? I know I am, as one time the heat didn't worry me a bit. Most houses are air-conditioned now days as are just about all motor vehicles and most work places if they are an enclosed building.**

I can remember in the 1960s when I was overseer on Thurlga Station, which is situated in the Gawler Ranges. My father who was the manager, and Don McKay who was the owner, suggested I go over to the central west of NSW where a property – Raby Station – near Warren had installed a Karrier air-conditioning unit in its shearing shed. I was to report back on what the shearers thought of it. I arrived at Raby on a Thursday, but they hadn't quite finished installing the unit, so I was told shearing would commence on the following Monday. As I wanted to see the unit working with the shearers shearing, I decided to take a trip around the central west of NSW and planned to come back on the following Thursday.

When I returned on the Thursday they were busy shearing sheep but the air-conditioning wasn't working. Did it break down I asked. No I was told. The shearers had a meeting on the Wednesday night and said it had to be turned off as it was making all their backs ache. Instead they had tied old wheat bags around the friction wheel shaft and the flapping bags according to the shearers were a better idea. That wouldn't work now days as they don't have friction wheel shafts. I understand that the air conditioner stood idle for a couple of years. They then had it upgraded so that it didn't blow on the shearers bodes, but circulated the air around the whole area. I understand this worked a lot better but some shearers still complained of sore backs.



The Raby shearing shed was quite large as I think it was a 10-stand shed and shored over 30,000 merinos each shearing. Since then it has been broken up into smaller holdings. In 2010 it was sold again and is now merino, cattle and fat lambs.

Now days when travelling in a motor vehicle in the hot weather we usually have the air conditioner on flat out. Sadly this is not a good idea if you need to get out and change a flat tyre. In 1973 I bought the first 10-cylinder truck ever registered in Australia. It was a 2632, 13 litre V10 Mercedes Benz prime mover. We used it to pull road trains in the outback to places such as Moomba, Birdsville and up into the Northern Territory. The driver who drove it most of the time was a lad called Peter Higginson. In the hot weather, he wouldn't turn the A/C on as he said if he

had to get out and change a tyre, the heat would nearly kill him. As a road train had 42 wheels or more there was a good chance that when travelling on unsealed roads, as we did most of the time, you would get at least one or two flats a trip. One other bush driver Carl Gough who used to drive for VO whiting and Sons was of the same opinion. Both these men were among the best transport drivers I have ever come across. They were operators rather than just drivers, or as we used to say "steering wheel attendants".

In 1975 after cyclone Tracy hit Darwin in Christmas, 1974, we got a contact to cart transportable huts to Darwin. This went on for several months. On one trip that I did, (the bitumen ended 60kms north of Port August and you didn't get on the bitumen again till you reached the NT

border.) I had 13 flat tyres between the end of the bitumen and the NT border. We carried four spare tyres on each trailer so I had to mend five of those that had gone flat. It was in May and they had just graded the road between Coober Pedy and the NT border and the process of grading made all the screws and pop rivets that had fallen out of the buildings on previous trips stand up. The huts weren't heavy, only about four tons each, but this didn't stop the punctures.

On another trip, back from Darwin I came around the corner and down the embankment of a large river and there was the bridge crossing under about one foot of flood water. It was too hard to back the road train back up the cutting and try and go around via the railway bridge. The crossing didn't have any side rails on it so it was hard to tell where the actual bridge surface was. An old Aboriginal man was sitting near the water's edge so I called out "How do I know where the bloody bridge is"? His answer was "drive between the bubbles". Then I saw it, two rows of small parallel bubbles, which must have signified the edge of the road. I took his word that this was the road surface and with my heart in my mouth slowly crept across. I have never felt so relieved as I did that day after I got safely across.

In those days driving in the outback, going up the Stuart Highway was an unbelievable experience. Sometimes when travelling to Birdsville it would take two-three days from Maree. Now you can do Birdsville to Port Augusta in about 24 hours in a road train, and Port August to Alice Springs in less than 20 hours. The difference is the road surface and the HP of the truck engine. My Benz was 320HP most road trains now a days are between 500 and 700HP.



**WHEN TRAVELLING TO BIRDSVILLE IT WOULD TAKE TWO-THREE DAYS FROM MAREE. NOW YOU CAN DO BIRDSVILLE TO PORT AUGUSTA IN ABOUT 24 HOURS IN A ROAD TRAIN, AND PORT AUGUST TO ALICE SPRINGS IN LESS THAN 20 HOURS**

# Birthdays



Barunga by the Sea resident Sylvia Harvey celebrated her 70th birthday on January 18. Joining Sylvia for her 70th birthday was her son Steve and nine-month old grandson Jarrod from Renmark, as well as 70 other guests. Sylvia thanks everyone for their birthday cards, best wishes and gifts, everyone who helped set up, baked or made salads and assisted on the day.



Pauline Parbs celebrated her 70th birthday at Barunga by the Sea.



**SANDY CARTER OF BARUNGA HOMES CELEBRATED HIS BIRTHDAY.**



Tom Flynn of Barunga Homes celebrated his 90th birthday. Tom's daughter Robyn and husband Barrie also attended, making the afternoon more special for Tom.



**NEW RESIDENT BETTY KLEEMAN CELEBRATED HER BIRTHDAY IN FEBRUARY THIS YEAR AT BARUNGA HOMES.**

# Socials



Butterfly Home house members at Barunga Homes enjoyed a wonderful day of Australia Day activities including a barbecue lunch and sitting outside around the wading pool.



A group of Barunga Homes residents had a wonderful lunch at the Port Broughton Hotel recently with their community volunteers.



**LOTS OF DRESSING UP IS HAPPENING IN THE BUTTERFLY MODEL'S DALE AND EYRE HOUSES. JO (HOUSE LEADER) AND SUE (HOUSE MEMBER) DRESSED UP IN GREEN FOR ST PATRICK'S DAY WITH KEITH HYLAND.**



The Port Broughton Hospital's 'Movers and Groovers' indoor bowls team took on the 'Barunga Bowlers' team recently in a friendly challenge. A fun afternoon was had by all, with the 'Movers and Groovers' being the eventual winners for the day.

# Recipes

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## Baked apples with creamy vanilla bean custard

**Preparation time: 15 minutes**

**Cooking time: 30 minutes**

**Serves four**

### INGREDIENTS

- Four Pink Lady apples
- 1 cup dessert wine
- 1 cinnamon stick
- ¼ cup brown sugar
- 250g PHILADELPHIA Spreadable Cream Cheese, softened
- ½ cup milk
- ¼ cup caster sugar
- 1 vanilla bean, split
- 1 tablespoon custard powder, blended with 2 tablespoons milk, to form a paste

### METHOD

1. Cut each apple horizontally into three slices, place in a large shallow baking dish with the wine and cinnamon. Sprinkle over the brown sugar. Bake in a moderate oven at 180 degrees Celsius for 20 minutes until tender. Spoon the syrup over the apples occasionally.
2. Whisk together the PHILLY and milk into a saucepan until smooth. Add the sugar, vanilla bean and custard powder paste. Bring to the boil, stirring until custard has thickened, discard the vanilla bean.
3. Remove apples from syrup and arrange on serving plates, then pour over the custard. Serve immediately.

# Sudoku Puzzle

	1	9			3	2		
4	6							
	8	3		4				5
		5	9			1	4	
			2					
	4				8			
		6				8		
				7	6		5	3
		7			5			

## SOLUTION

8	9	7	3	2	5	4	1	6
1	2	4	8	7	6	9	5	3
3	5	6	4	9	1	8	2	7
9	4	1	5	3	8	7	6	2
6	7	8	2	1	4	5	3	9
2	3	5	9	6	7	1	4	8
7	8	3	1	4	2	6	9	5
4	6	2	7	5	9	3	8	1
5	1	9	6	8	3	2	7	4

